

Emergency Medical Information

Im A Patient DOB: 29 FEB 2000

123 J St SE, Washington, DC 20099-0001
C: 202-555-1212 E: mycall@arrl.net

EMERGENCY CONTACTS:
Name(s) of Spouse/Partner/Child/Friend (which one): 202-555-1213

PHYSICIANS:
Dr Aloysius Alpha (internist) 202-555-1214
Dr Boetharius Bravo (allergist) 202-555-1215
Dr Charalampias Charlie (gastroenterologist) 202-555-1216

BLOOD TYPE: Q-POS

MEDICAL CONDITIONS:
Hyperlipidemia, nasal rhinitis, amateur radio operator.

MEDICATIONS:
Placebo (dextrose) 599 mg once a day dissolved in 250 ml of hot chocolate.

ALLERGIES:
Short trees, tall grasses, poor band conditions.

IMMUNIZATIONS: RV (date) VAR (date) TDaP (date) Hib (date)
MMR (date) IPV (date) Hib (date) PCV13 (date) Flu (date)
HepA (date) HepB (date) HPV (date) MenACWY (date) MenB (date)
Zoster (dates) COVID-19 (brand) (dates).

Advance Medical Directive on file with my internist. OK to discuss all medical matters with all my emergency contacts and my doctors.

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Adapt for your use. Keep up to date.

Immunizations listed may be required for school and work. Consult with your doctor about your personal needs.

Suggest printing on 2 x 3½ inch business card stock, double sided, two columns of five cards. (Avery 28878, for example.)

Recommend keeping several cards in your wallet to give when visiting your doctor(s), dentist, other health care provider, or an ER. (Will be appreciated – saves lots of time!)

– W4ART

RV: rotavirus
VAR: chicken pox (varicella)
TDaP: tetanus, diphtheria, pertussis
Hib: Haemophilus influenza type B
MMR: measles, mumps, rubella
IPV: polio
PCV13: pneumonia
Flu: influenza
HepA: hepatitis A
HepB: hepatitis B
HPV: human papilloma virus
MenACWY and MenB: meningococcal disease
Zoster: shingles
COVID-19: SAR-COV2

CDC recommended vaccination schedules:
<https://www.cdc.gov/vaccines/schedules/index.html>